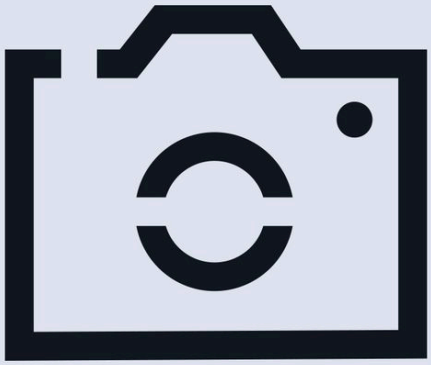
Fisher Phillips



ELYSE CARPENTER

Associate

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Service Focus

- California Litigation and Appellate
- Counseling and Advice
- Employee Leaves and Accommodations
- Employment Discrimination and Harassment
- Litigation and Trials

OVERVIEW

Elyse Carpenter defends employers in a wide range of labor and employment matters, including wage and hour compliance, discrimination, harassment, retaliation, and Private Attorneys General Act (PAGA) claims. She has drafted complex litigation motions, mediation briefs, and dispositive motions, and successfully obtained injunctive relief in workplace violence proceedings.

Her work spans both litigation and counseling, drawing on direct experience drafting legal memoranda on labor and employment issues and conducting research on compliance. Elyse has evaluated legal issues and developed strategic arguments to reach favorable case outcomes, managed witness interviews, and argued the legal basis for emergency injunctive relief in court.

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Before joining Fisher Phillips, Elyse was an associate at a Sacramento-based regional law firm, where she focused on employment litigation and complex business disputes. She previously served as an in-house counsel extern at a major healthcare organization, where she drafted memoranda on wage and hour issues and analyzed the impact of new regulations on daily operations.

Credentials

Education

- University of California College of the Law, San Francisco, J.D., 2025
- Loyola Marymount University, B.A., 2018

Admissions

- California

Affiliations

Professional Activities

- Sacramento County Bar Association, Civil Litigation Section
- Wiley Manuel Bar Association
- Sacramento Metro EDGE

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