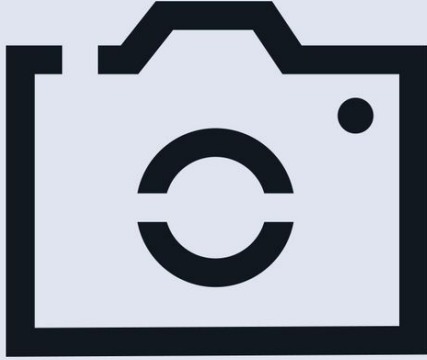




AMELIA KITCHENS

Associate

Louisville

502.873.4013

Service Focus

- Counseling and Advice
- Employment Discrimination and Harassment
- Litigation and Trials

OVERVIEW

Amelia Kitchens defends employers ranging from Fortune 500 corporations and regional businesses to non-profit organizations in the full spectrum of labor and employment disputes. With five years of litigation experience, Amelia handles matters involving discrimination, wrongful termination, retaliation, and wage and hour claims under Title VII, ADA, ADEA, FLSA, and the Kentucky Civil Rights Act. She helps guide national and global employers—including those in the software, hospitality, and retail sectors—through all phases of agency investigations, administrative proceedings, and litigation, with a particular focus on resolving EEOC and state agency charges at the administrative level and minimizing clients' litigation exposure.

Before joining Fisher Phillips, Amelia served as a senior associate at a national defense firm, where she was the primary defense counsel for major employers in employment litigation and administrative proceedings. She previously represented

both employers and employees at a regional firm, giving her valuable perspective on risk assessment and resolution strategies that inform her current defense practice.

Credentials

Education

- Northern Illinois University College of Law, J.D., 2020
- Arizona State University, B.A., 2018

Admissions

- Kentucky

Court Admissions

- U.S. Court of Appeals for the Sixth Circuit
- U.S. District Court for the Eastern District of Kentucky
- U.S. District Court for the Western District of Kentucky