



## ISABELL BROOKS

Associate

Seattle

206.247.7011

### Service Focus

- Counseling and Advice
- Employment Discrimination and Harassment
- Litigation and Trials

## OVERVIEW

Isabell Brooks defends employers and businesses in a wide range of employment litigation matters, focusing on claims involving discrimination, harassment, retaliation, wrongful termination, and wage and hour disputes under both federal and Washington state law. Drawing on prosecutorial and defense-side trial experience in high-stakes and sensitive cases, Isabell guides clients through every phase of litigation — from pre-suit investigation and discovery to depositions, motion practice, and trial preparation. She counsels employers across industries on litigation strategy, case evaluation, and risk management, providing pragmatic, business-minded advice designed to achieve resolution while protecting her clients' interests and reputations.

With a background managing complex employment matters in both public and private sectors, Isabell handles cases involving single-plaintiff and multi-party claims, regularly defending businesses in Superior and District Courts. Her hands-on

approach includes leading discovery, preparing witnesses, drafting persuasive briefs, and conducting depositions in employment disputes.

Before joining Fisher Phillips, Isabell served as a trial attorney at a regional firm, where she represented insured clients and employers in employment litigation, including defending against discrimination and retaliation claims, wage and hour disputes, and other workplace matters. Her experience as a lead attorney in both civil and criminal courtrooms (including as a Trial Attorney in the King County Prosecuting Attorney's Office) provides a valuable perspective on risk, strategy, and effective advocacy — which she leverages to help employers navigate complex employment law issues with confidence.

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## Credentials

### Education

- Seattle University School of Law, J.D., 2022
- University of Washington, B.A., 2018

### Admissions

- Texas
- Washington

### Languages

- Spanish

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## Affiliations

### Professional Activities

- Washington State Bar Association
- Washington Defense Trial Lawyers Association