



SAMEEN (SAM) ABDULLAH

Of Counsel

Dallas

214.220.8306

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Service Focus

- Counseling and Advice
- Employment Discrimination and Harassment
- Litigation and Trials

OVERVIEW

Sameen Abdullah defends employers and businesses in labor and employment disputes focusing on discrimination, retaliation, wage and hour violations, and wrongful termination under federal and state statutes including Title VII, the FLSA, and the Texas Labor Code. He represents a broad client base — from small businesses to mid-sized companies — combining thorough legal research with strategic trial preparation to deliver practical, results-driven counsel tailored to each client's operational needs.

With extensive experience in both trial and appellate courts, Sameen manages complex employment litigation from initial pleadings through dispositive motions and appeals. He has conducted and defended depositions, drafted and argued motions, and handled civil trials. He advocates for employers facing claims of discrimination, harassment, and retaliation. Sameen also guides clients through arbitration

proceedings and advises on proactive risk mitigation strategies to help prevent workplace disputes before they escalate.

Before joining Fisher Phillips, Sameen served as a career clerk to a U.S. District Court judge in the Northern District of Texas — drafting opinions and assisting in trial management and gaining exceptional insight into federal court procedures and judicial decision-making. Sameen also served as a Hearings Officer for the Texas Workforce Commission where he held over 2,000 unemployment-benefits-related hearings. Sameen’s prior experiences as an associate attorney at regional firms — where he litigated labor and employment matters and supervised junior attorneys — provides a foundation that equips Sameen with a comprehensive perspective on the challenges employers navigate today.

Credentials

Education

- Texas Tech University School of Law, J.D.
- University of Texas at Austin, B.A.

Bar Admissions

- Texas

Affiliations

Professional Activities

- The William Mac Taylor American Inn of Court
- Dallas Association of Young Lawyers (Foundation Fellow)
- Dallas Bar Association
- Dallas Urban Debate Alliance (Volunteer Judge)
- Texas Association of Mediators