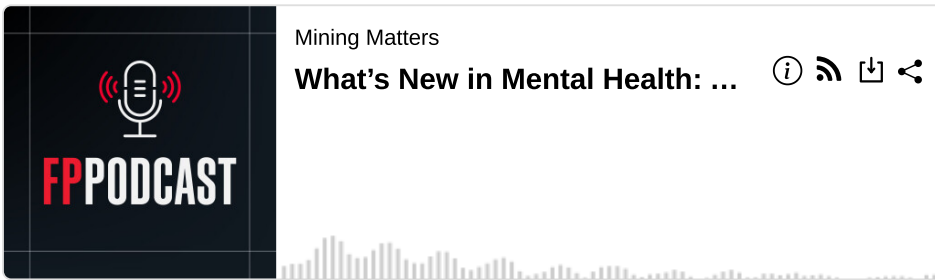


Insights, News & Events

MINING MATTERS: WHAT'S NEW IN MENTAL HEALTH: A DISCUSSION OF CURRENT TRENDS AND HOT TOPICS

Podcasts
May 27, 2026



May is Mental Health Awareness Month and the Mining Matters podcast welcomes back [Raeann Burgo](#) to discuss mental health in the workplace. This month, Raeann, [Arthur](#) and [Chris](#) engage in a wide-ranging discussion on current topics, including workplaces stressors related to AI, increased levels of burnout and managing re-entry into the workplace after a crisis. We hope employers find this information useful in promoting mental wellbeing in their workplaces.

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Mine Safety & Health