



## BETHANY NOLAN

Associate

Seattle

206.693.5063

206.682.7908

### Service Focus

- Counseling and Advice
- Employment Discrimination and Harassment
- Litigation and Trials

## OVERVIEW

Bethany Nolan defends employers and businesses in discrimination, harassment, retaliation, wage and hour matters before the EEOC, NLRB, and state agencies, as well as in federal and state court litigation. With years of experience guiding companies through high-stakes employment disputes, Bethany leads complex workplace investigations, manages agency charges, and delivers actionable, business-focused counsel on risk mitigation and compliance.

Her practice spans all stages of the litigation and counseling process, from pre-litigation strategy and early resolution through administrative hearings and courtroom advocacy.

Before joining FP, Bethany was a senior associate at a regional law firm where she managed employment litigation, responded to agency charges, and advised employers on compliance and privacy matters. Her prior service as a deputy

prosecuting attorney and experience in both civil and criminal litigation provides clients with a nuanced perspective on risk assessment, crisis management, and effective dispute resolution.

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## Credentials

## Education

- Seattle University School of Law, J.D., *cum laude*, 2019

## Bar Admissions

- Washington

## Court Admissions

- U.S. District Court for the Western District of Washington
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## Affiliations

- QLaw Association, President-elect/Social Chair
- Washington State Bar Association, Young Lawyers Committee
- Theater Puget Sound, Board Member