



Rebecca Rainey

Legal Content Reporter

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Overview

Rebecca Rainey brings a journalist's eye, insider policy knowledge, and deep connections within the federal labor and employment landscape to the firm's content and thought leadership initiatives. With years of experience reporting on workplace regulation, litigation trends, and the inner workings of the Department of Labor, she adds a unique dimension to our team's ability to deliver timely, strategic insight to employers.

Before joining Fisher Phillips, Rebecca served as a Senior Reporter at Bloomberg Law, where she led coverage of the U.S. Department of Labor and tracked developments shaping labor and employment policy nationwide. She regularly interviewed business leaders, government officials, and attorneys, and her reporting became a go-to resource for legal professionals navigating regulatory change. Earlier in her career, she covered employment and immigration issues for Politico Pro and authored the Morning Shift newsletter, where she developed a reputation for breaking news and translating complex developments into practical takeaways for readers.

Based near Washington, D.C., Rebecca maintains strong relationships with agency insiders, policymakers, and industry stakeholders – access that helps inform her reporting and gives our clients visibility into the forces shaping the workplace legal landscape. She collaborates closely with other members of the firm's Content Team to help expand the scope, depth, and reach of Fisher Phillips' thought leadership offerings.

Credentials

Education

- B.A., 2017, University of Maryland