



JOSEPH P. MENDES

Partner

Boston / Portland, ME

617.532.5897

617.532.5899

Service Focus

- Alternative Dispute Resolution
- Counseling and Advice
- Litigation and Trials

OVERVIEW

Joe Mendes is a seasoned trial attorney with more than a decade of litigation experience and a track record of success representing clients in complex civil disputes. He brings a wealth of first-chair trial experience and a pragmatic, strategic approach to helping businesses resolve high-stakes labor and employment matters.

Having tried more than 100 cases to verdict across Massachusetts and Maine, Joe guides employers through disputes involving claims of wrongful termination, discrimination, retaliation, wage and hour violations, and workplace safety issues. He is adept at managing risk, identifying early resolution opportunities, and vigorously defending clients in court when necessary.

Before joining Fisher Phillips, Joe practiced in the Boston and Portland, Maine offices of a litigation defense firm, where he handled high-exposure employment, products liability, premises liability, and catastrophic injury cases. His litigation experience

spans a wide range of civil matters, including construction accidents, commercial transportation incidents, professional negligence, and wrongful death cases.

Joe is a graduate of the University of Maine School of Law, where he was Co-Chair of the Moot Court Board and earned the Advanced Trial Advocacy Award and the Upper-Level Writing Award. He was also a finalist at the National Sports Law Moot Court Competition.

A native of Maine and a dual citizen of Canada, Joe is deeply engaged in his community. He serves as a volunteer attorney-coach for high school mock trial teams and is a longtime USA Hockey referee, officiating games from youth leagues to NCAA Division III.

Credentials

Education

- University of Maine School of Law, J.D., 2014
- University of Massachusetts Amherst, B.A., *magna cum laude*, 2011

Bar Admissions

- Massachusetts
- Maine

Court Admissions

- U.S. District Court for the District of Massachusetts
- U.S. District Court for the District of Maine

Affiliations

Professional Activities

- MBD Leadership Academy Class of 2022 (Leadership Fellow, 2022-2023)
- Defense Research Institute (DRI)
- Massachusetts Bar Association
- Maine State Bar Association

- Massachusetts Bar Association (Volunteer High School Mock Trial Judge)
- American Mock Trial Association (AMTA) (Volunteer Tournament Judge) (2015-Present)

Community Activities

- USA Hockey Association (NCAA Division III College Linesman)
- Natick High School (Attorney Coach/Advisor, Mock Trial Program) (2021-2024)

INSIGHTS

News

Feb 5, 2026

Fisher Phillips Secures Complete Victory for Global Food Manufacturer in New Jersey Employment Discrimination Trial

News

Sep 16, 2025

Fisher Phillips Expands Employment Litigation Team in New England