



## CHERYL L. BLOUNT

Partner

Houston

713.292.5622

713.292.0151

### Service Focus

- Alternative Dispute Resolution
- Counseling and Advice
- Employment Discrimination and Harassment
- Labor Relations
- Litigation and Trials

### Industry Focus

- Energy
- Healthcare
- Manufacturing
- Tech

## OVERVIEW

Cheryl Blount, a partner in Fisher Phillips' Houston office, is a seasoned litigator who represents employers in a wide range of labor and employment disputes including labor arbitrations, workplace discrimination claims, allegations of retaliation, and breach of noncompetition agreements. Having served as both first and second chair in trials and arbitrations, she brings strategic insight and deep procedural knowledge to every stage of litigation, from early case evaluation through trial and appeal.

Before joining the firm, Cheryl practiced in the Houston office of an international Am Law 50 firm, where she focused on labor, employment, and commercial litigation.

She also gained extensive experience in general civil litigation while working at several boutique firms, honing her skills across a diverse spectrum of legal matters.

Cheryl earned her J.D. from Baylor Law School, where she served as an Articles Editor and Executive Editor of the *Baylor Law Review* and was inducted into the Order of the Barristers. She interned for Judge Nancy F. Atlas of the U.S. District Court for the Southern District of Texas and for Chief Justice Nathan Hecht of the Supreme Court of Texas.

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## Credentials

### Education

- Baylor University School of Law, J.D., *cum laude*, 2011
- University of Texas, B.S., with honors, 2006

### Bar Admissions

- Texas

### Court Admissions

- U.S. District Court for the Eastern District of Texas
- U.S. District Court for the Northern District of Texas
- U.S. District Court for the Southern District of Texas
- U.S. District Court for the Western District of Texas
- U.S. District Court for the District of New Mexico

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## Recognitions

- American Bar Association – Outstanding Subcommittee Chair for the Judicial Intern Opportunity Program Committee (2015-2016)

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## Affiliations

### Professional Activities

- Texas Bar Foundation Fellow

## INSIGHTS

**Event**

**Nov 18, 2025**

Houston Employment Law Seminar

**News**

**Jul 21, 2025**

Fisher Phillips Maintains Texas Hiring Momentum with the Arrival of Cheryl Blount in Houston

**News**

**Jul 21, 2025**

Media Outlets Cover Arrival of Cheryl Blount in Houston