



## Fisher Phillips Welcomes James Holt in Pittsburgh

News

6.09.25

Fisher Phillips, an international labor and employment law firm representing employers, is pleased to announce that **James “J.T.” Holt** has joined the firm as Partner in the Pittsburgh office.

J.T. is a *Chambers USA*-recognized attorney advising and representing employers nationwide, from Fortune 500 companies to startups and nonprofits. He has a robust litigation practice, defending employers in single-plaintiff and class action litigation in state and federal courts. He has extensive experience defending employers in a broad range of workplace-related matters, including wage and hour, discrimination and harassment, reductions in force, leaves and accommodations, executive compensation and benefits, arbitration agreements, and non-compete and restrictive covenant agreements. Additionally, his counseling practice focuses on practical guidance that balances legal compliance with productivity, risk control, and cost management, particularly in “C-Suite” matters and challenging workplace scenarios.

J.T. also represents employers in traditional labor law matters, including NLRB proceedings, labor arbitrations, union organizing, and collective bargaining negotiations, where he has a track record of building productive relationships and successful outcomes. Additionally, J.T. conducts independent workplace investigations and provides training on labor and employment topics. His practice extends to advising on labor and employment issues in mergers and acquisitions.

“I’m extremely excited to join the highly respected team at Fisher Phillips, with its deep bench of experienced, knowledgeable, and skilled labor and employment attorneys,” said J.T. “I share the firm’s core commitment to exceptional client service and see outstanding opportunities for my clients in not only the Pittsburgh region, but all markets in which they operate.”

“We are thrilled to welcome J.T. to Fisher Phillips,” said **Brian Balonick**, Regional Managing Partner of Fisher Phillips’ Pittsburgh office. “J.T.’s extensive first-chair litigation experience, coupled with his formidable reputation in the Pittsburgh legal community, will be invaluable to our clients. J.T.’s proven ability to forge strong partnerships with clients, understand their most pressing workplace challenges, and deliver exceptional service aligns perfectly with our firm’s commitment to achieving outstanding results.”

**John Polson**, Chairman and Managing Partner of Fisher Phillips added: “We are delighted to welcome J.T. in Pittsburgh, a strategic move that underscores our commitment to robust growth in key geographic markets like Pittsburgh where we already have a very strong bench. This addition

significantly expands our firm's coast-to-coast litigation capabilities, further strengthening our ability to serve clients with exceptional legal counsel across the nation."

J.T. earned his J.D. from The George Washington University Law School and his B.S., *summa cum laude*, from Youngstown State University. He is admitted to practice in the District of Columbia and Pennsylvania.

**About Fisher Phillips** ([www.fisherphillips.com](http://www.fisherphillips.com))

With over 675 attorneys across the United States, Mexico and Japan, and a vast network of attorneys in jurisdictions around the globe, Fisher Phillips advises and advocates for employers on an international scale. Through our technology-driven approach, we partner with companies to achieve their business objectives, anticipate potential disruption, and provide the legal guidance to navigate and resolve the workplace matters critical to their success.

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Please reach out to our [Media team](#) for any news inquiries.

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