



HEATHER DAIZA CHRIMES

Associate

Tampa

813.769.7451

Service Focus

- Class and Collective Actions
- Counseling and Advice
- Employment Discrimination and Harassment
- Litigation and Trials

OVERVIEW

Heather Daiza defends businesses in a variety of employment-related administrative charges, arbitration, and litigation, including claims of wrongful termination, discrimination, harassment, breach of contract, and violations of wage and hour law. She also advises on and drafts employment contracts, employee handbooks, wage and hour audits, and non-disclosure agreements (NDAs).

Heather previously was Senior Counsel in the Employment Law and Business Transactions/Litigation Practice Groups at a nationwide, full-service law firm, where her accomplishments included securing complete dismissal of discrimination and wage and hour actions; negotiating highly favorable settlements in wage and hour, independent contractor, discrimination, harassment, retaliation and breach of contract employment cases, including class actions and PAGA actions; and

negotiating employment agreements, service agreements, and NDAs for diverse clientele, including technology companies.

Credentials

Education

- California Western School of Law, J.D., *cum laude*
- University of California, Irvine, B.A., 2014

Admissions

- California
- Florida

Court Admissions

- U.S. District Court for the Central District of California
 - U.S. District Court for the Southern District of California
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Recognitions

- *Super Lawyers* (2024-2025)
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Affiliations

Professional Activities

- American Bar Association