



JEFFREY R. THURRELL

Regional Managing Partner

Irvine

949.798.2102

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Service Focus

- Employee Defection and Trade Secrets
- Litigation and Trials

Industry Focus

- Hospitality

OVERVIEW

Jeff Thurrell is a regional managing partner in the firm's Irvine office. His practice is focused on defending employment related lawsuits and administrative complaints on a variety of issues, including harassment, retaliation, and discrimination.

Jeff represents employers in both state and federal courts as well as before state and federal agencies, such as the Equal Employment Opportunity Commission (EEOC), the California Department of Fair Employment and Housing (DFEH), and the Division of Labor Standards Enforcement (DLSE).

He regularly represents employers in unlawful harassment and discrimination matters and also has extensive experience handling complex, multi-plaintiff wage & hour matters.

Jeff also spends a significant portion of his time counseling employers on internal harassment and discrimination investigations, pay practices and workplace violence

situations. He is a frequent lecturer before trade groups, associations and private employers.

He regularly conducts in-house management seminars and training sessions for executives, supervisors, managers, and human resources professionals in all aspects of labor and employment law. While in law school, Jeff served as a member of the *University of San Diego Law Review*.

Credentials

Education

- University of San Diego School of Law, J.D., cum laude, 1999
- University of California, Davis, B.A., 1991

Bar Admissions

- California

Court Admissions

- U.S. District Court for the Central District of California
 - U.S. District Court for the Eastern District of California
 - U.S. District Court for the Northern District of California
 - U.S. District Court for the Southern District of California
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Recognitions

- Recognized in *The Best Lawyers in America* (2024-2026)
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Affiliations

Professional Activities

- Board of Directors & Special Counsel, California Hotel & Lodging Association
- Member, Orange County Bar Association
- Member, Orange County Hotel and Lodging Association

- Member, California Hotel and Lodging Association
- Member, California Restaurant Association

INSIGHTS

News

Sep 19, 2025

Fisher Phillips and Office Leadership Named in Los Angeles Times' Top 25 Orange County Law Firms

News

Aug 11, 2025

Fisher Phillips Welcomes Back Ron Brand, Deepening Firm's California Litigation Bench

News

Jun 30, 2025

Irvine Office Co-Regional Managing Partner Participates in Orange County Business Journal Labor and Employment Roundtable

Event

Dec 10, 2024

Fisher Phillips 2025 California Legislative & Case Law Update: Irvine

News

Nov 18, 2024

Jeff Thurrell Named to Orange County Business Journal's OC500 2024

Irvine Managing Partner Joins Orange County Business Journal's Labor Law Round Table