



## **Lauren Roseman**

### ***Partner***

Irvine

t: 949.798.2187

Email



### ***Service Focus***

- Employment Discrimination and Harassment
- Litigation and Trials
- Counseling and Advice
- Employee Leaves and Accommodations
- California Class Actions and PAGA

### ***Overview***

Lauren Roseman (fka Lauren Stockunas) is a partner in Fisher Phillips' Irvine office committed to providing employers of all sizes and types including PEOs, fast, innovative, and practical employment law advice. She defends employers in employment litigation including wage and hour class and PAGA actions, claims pursuant to the Federal/Cal-WARN Acts, and discrimination, harassment, and retaliation claims. She works closely with her clients to implement handbook policies and employment practices that help prevent costly litigation at the outset; specifically, much of her practice focuses on walking clients through best practices for managing leaves of absences (FMLA, CFRA, PDL, FEHA reasonable accommodation LOAs) and complicated termination decisions. Lauren also routinely assists clients in drafting complex vacation, unlimited vacation, PTO/DTO, and paid sick leave policies.

Prior to joining Fisher Phillips, Lauren interned with a boutique employment law firm focused on serving hotels and restaurants in the hospitality industry. She also externed for the Honorable Karen S. Crawford and the Honorable Cynthia A. Bashant at the United States District Court for the Southern District of California.

Lauren was President of the Student Bar Association at the University of San Diego School of Law, where she also served on the *San Diego Law Review* and the Executive Moot Court Board. As a moot court competitor, Lauren won First Place Best Oralist at Emory University's Civil Rights and

Liberties National Moot Court Competition and Third Place Best Oralist at USD Law’s Paul A. McLennon, Sr. Honors Moot Court Competition.

Lauren continues to serve her alma mater as the Recent Alumni Chair on the University of San Diego School of Law’s Orange County Alumni Chapter Board. And as an undergrad, Lauren double majored in finance and philosophy at the University of Notre Dame. She also competed for the Fighting Irish figure skating team. Go Irish!

**Credentials**

**Education**

- B.B.A., University of Notre Dame
- J.D., Order of the Barristers, University of San Diego School of Law

**Bar Admissions**

- California

**Recognitions**

- National Association of Women Lawyers (NAWL) Rising List (2025)
- *Orange County Business Journal* Leaders of Influence: Women in Law (2024-2025)

**Insights**

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EVENT11/20/25

**Fisher Phillips 2026 California Legislative & Case Law Update: Irvine**  
Sheldon J. Blumling, Jocelyn Campanaro, Lauren Roseman, Ron S. Brand, Marissa Franco, Angelica M. Ochoa, Kari E. Gibson, Usama Kahf  
[Read more →](#)

NEWS08/28/25

**Fisher Phillips Attorneys Recognized in the Orange County Business Journal’s 2025 Leaders of Influence: Women in Law**  
Christine Baran, Kari E. Gibson, Grace Y. Horoupian, Lizbeth Ochoa, Lisa Peterson, Lauren Roseman, Caroline S. Scala  
[Read more →](#)

NEWS06/13/25

## Irvine Partner Discusses California Meal-Break Waivers

Lauren Roseman

[Read more →](#)

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NEWS

05/02/25

### SHRM Publishes Contributed Article on Bradsbery v. Vicar Operating Inc.

Aaron Cargain , Lauren Roseman, Spencer W. Waldron

[Read more →](#)

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PUBLICATION

04/24/25

### Republished Insight: California Court Holds that Prospectively Signed Meal Period Waivers are Enforceable: 4 Steps You Can Take to Maximize Your Defenses

Aaron Cargain , Lauren Roseman, Spencer W. Waldron

[Read more →](#)

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INSIGHTS

04/23/25

### California Court Holds that Prospectively Signed Meal Period Waivers are Enforceable: 4 Steps You Can Take to Maximize Your Defenses

Aaron Cargain , Lauren Roseman, Spencer W. Waldron

[Read more →](#)

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NEWS

03/21/25

### Irvine Partner Honored Among NAWL's 2025 Rising List

Lauren Roseman

[Read more →](#)

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EVENT

12/19/24

### 2025 California Legislative & Case Law Update Webinar

Lauren Roseman, Corina Johnson, Ron M. Pierce, Megan F. Clark, Edwina C. Kye, Eryne Walvekar, Ben Carney

[Read more →](#)

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EVENT

12/10/24

### Fisher Phillips 2025 California Legislative & Case Law Update: Irvine

Jeffrey R. Thurrell, Lauren Roseman, Colin P. Calvert, Caroline S. Scala, Sheldon J. Blumling

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NEWS

08/26/24

## **Fisher Phillips Attorneys Recognized in the Orange County Business Journal's "2024 Leaders of Influence: Women in Law"**

Christine Baran, Grace Y. Horoupian, Lizbeth Ochoa, Lisa Peterson, Lauren Roseman, Caroline S. Scala

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