

Lizbeth Ochoa

Partner

Irvine

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Email



Service Focus

- Class and Collective Actions
- Employment Discrimination and Harassment
- Litigation and Trials
- Counseling and Advice

Languages

Spanish

Overview

Lizbeth "Liz" Ochoa is a partner in the firm's Irvine office. With over 18 years' experience representing employers, Liz has experience litigating employment matters in state and federal courts, arbitration forums, as well as in state and federal administrative agencies such as the California Division of Labor Standards Enforcement (DLSE), the California Department of Fair Employment and Housing (DFEH), the Equal Employment Opportunity Commission (EEOC) and others.

She represents and counsels employers on various employment-related matters, including, but not limited to, discrimination, unlawful harassment, wrongful termination, unfair business practices, wage and hour class and PAGA actions and compliance with COVID-19 related laws and regulations. She also conducts various types of trainings including, but not limited to, anti-harassment supervisor trainings in Spanish and English.

Prior to joining Fisher Phillips, Liz gained invaluable experience working in a smaller firm where she represented employees and employers in various employment litigation matters. This experience has enabled Liz to have great success in defending employers because of her unique insight into employee claims.

In 2010, 2013 and 2014, Liz was selected for inclusion in *Southern California Super Lawyers – Rising Stars*. Liz is fluent in Spanish and sits on the firm's Diversity Committee. She is also an ambassador for the firm's Women's Initiative and Leadership Council and has been the Co-Chair of the National Association of Women Lawyers (NAWL")'s Diversity and Inclusion Committee for several years

Credentials

Education

- J.D., 2001, University of Southern California, Gould School of Law
- B.A., 1997, University of California, Los Angeles

Bar Admissions

California

Court Admissions

- California Courts of Appeal
- California Supreme Court
- U.S. District Court for the Central District of California
- U.S. District Court for the Southern District of California

Recognitions

Southern California Super Lawyers – Rising Stars (2010, 2013 & 2014)

Affiliations

Professional Activities

- Co-Chair of the Diversity and Inclusion Committee, National Association of Women Lawyers (NAWL)
- Member, Los Angeles County Bar Association
- Member, Orange County Bar Association
- Member, Orange County Hispanic Bar Association
- Member, Women's Business Development Initiative

Insights

NEWS 08/14/23

Fisher Phillips Attorneys Recognized in the Orange County Business Journal's "2023 Leaders of Influence: Women in Law"

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NEWS 01/02/19

Fisher Phillips Elects 14 New Partners

Philip J. Azzara, Jessica D. Causgrove, Andrew J. Hoag, Seth D. Kaufman, Courtney Leyes, Lorie Maring, Christina M. Michael, Lizbeth Ochoa, Joshua H. Viau, Spencer W. Waldron

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EVENT 01/31/17

Newport Beach 2017 Legislative and Case Law Update

Davis C. Bae, Sheldon J. Blumling, Lizbeth Ochoa, John M. Polson

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PUBLICATION 03/14/16

Ruling May Change Tipping in California

Lizbeth Ochoa

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PUBLICATION 07/23/15

Calif.: Employees Requesting Accommodation Are Now Protected

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INSIGHTS 07/21/15

New California Law Expands Retaliation Coverage

Lizbeth Ochoa

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NEWS 06/10/14

Five Fisher Phillips Attorneys Listed in 2014 Southern California "Rising Stars" Honors Come as Los Angeles Office Expands

Lonnie D. Giamela, Usama Kahf, Lizbeth Ochoa, Todd B. Scherwin, Boris Sorsher

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NEWS 06/06/14

Three Fisher Phillips Attorneys Listed in Southern California "Rising Stars"

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EVENT 04/17/14

IE SHRM April Mixer

Colin P. Calvert, Lizbeth Ochoa, Robert Yonowitz

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NEWS 06/14/13

Four Fisher Phillips Attorneys Listed in Southern California "Rising Stars"

Lonnie D. Giamela, Lizbeth Ochoa, Todd B. Scherwin, Boris Sorsher

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