

Lizbeth Ochoa

Partner

Irvine

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Service Focus

- Class and Collective Actions
- Employment Discrimination and Harassment
- Litigation and Trials
- Counseling and Advice
- California Class Actions and PAGA

Languages

• Spanish

Overview

Lizbeth "Liz" Ochoa is a partner in the firm's Irvine office. With over 20 years' experience representing employers, Liz has experience litigating employment matters in state and federal courts, arbitration forums, as well as in state and federal administrative agencies such as the California Division of Labor Standards Enforcement (DLSE), the California Civil Rights Department (formerly known as the DFEH), the Equal Employment Opportunity Commission (EEOC) and others.

She represents and counsels employers on various employment-related matters, including, but not limited to, discrimination, unlawful harassment, wrongful termination, unfair business practices, wage and hour class and PAGA actions and compliance with COVID-19 related laws and regulations. She also conducts various types of trainings including, but not limited to, anti-harassment supervisor trainings in Spanish and English.

Prior to joining Fisher Phillips, Liz gained invaluable experience working in a smaller firm where she represented employees and employers in various employment litigation matters. This experience has enabled Liz to have great success in defending employers because of her unique insight into employee claims. In 2010, 2013 and 2014, Liz was selected for inclusion in *Southern California Super Lawyers – Rising Stars*. Liz is fluent in Spanish and sits on the firm's Diversity Committee. She is also an ambassador for the firm's Women's Initiative and Leadership Council.

Credentials

Education

- J.D., 2001, University of Southern California, Gould School of Law
- B.A., 1997, University of California, Los Angeles

Bar Admissions

California

Court Admissions

- California Courts of Appeal
- California Supreme Court
- U.S. District Court for the Central District of California
- U.S. District Court for the Southern District of California

Recognitions

- Orange County Business Journal Leaders of Influence: Women in Law (2023-2024)
- Southern California Super Lawyers Rising Stars (2010, 2013 & 2014)

Affiliations

Professional Activities

- Member, Los Angeles County Bar Association
- Member, Orange County Bar Association
- Member, Orange County Hispanic Bar Association
- Member, Women's Business Development Initiative
- Member, California Women Lawyers
- NAWL Diversity, Equity & Inclusion Committee Co-Chair (2020-2023)

Insights

INSIGHTS Workplace Law Update: 10 Essential Items on Your October To-Do List

Kathleen McLeod Caminiti, Jessica D. Causgrove, Leanne Lane Coyle, Jonathan Crook, Katherine M. DiCicco, Kate Dedenbach, Benjamin M. Ebbink, Lauren G. Goetzl, Rick Grimaldi, Rosa Hernandez, Danielle M. Kays, Madison Keller, Danielle Krauthamer Zobel, Braden Lawes, Emily N. Litzinger, Kile E. Marks, Eleanor F. Miller, Joshua D. Nadreau, Lisa Nagele-Piazza, Lizbeth Ochoa, Karen L. Odash, Monica Snyder Perl, Deniz Uzel Reilly, Robert M. Robenalt, Rachel Song, Shane Stover, Serineh Terzyan, Megan E. Walker, David J. Walton, Sarah Wieselthier, David Witkin

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INSIGHTS

All the New California Workplace Laws You Need to Know About For 2025

Benjamin M. Ebbink, Rosa Hernandez, Danielle Krauthamer Zobel, Lizbeth Ochoa, Rachel Song, Serineh Terzyan, Megan E. Walker, David Witkin

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INSIGHTS

California Employers Must Satisfy New 2-Part Test to Avoid Driver's License Discrimination When Hiring – Your 4-Step Action Plan for Compliance

Lizbeth Ochoa

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NEWS

Fisher Phillips Attorneys Recognized in the Orange County Business Journal's "2024 Leaders of Influence: Women in Law"

Christine Baran, Grace Y. Horoupian, Lizbeth Ochoa, Lisa Peterson, Lauren Roseman, Caroline S. Scala

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NEWS

Fisher Phillips Attorneys Recognized in the Orange County Business Journal's "2023 Leaders of Influence: Women in Law"

Christine Baran, Grace Y. Horoupian, Lizbeth Ochoa, Lisa Peterson

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NEWS

Fisher Phillips Elects 14 New Partners

Philip J. Azzara, Jessica D. Causgrove, Andrew J. Hoag, Seth D. Kaufman, Courtney Leyes, Lorie Maring, Christina M. Michael,

Lizbeth Ochoa, Joshua H. Viau, Spencer W. Waldron

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10/01/24

08/26/24

08/14/23

01/02/19

01/31/17

Newport Beach 2017 Legislative and Case Law Update

Davis C. Bae, Sheldon J. Blumling, Lizbeth Ochoa, John M. Polson

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PUBLICATION Ruling May Change Tipping in California Lizbeth Ochoa	03/14/16
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Calif.: Employees Requesting Accommodation Are Now Protected	
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New California Law Expands Retaliation Coverage	
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