



Caroline Cheek

Associate

Charlotte

t: 704.334.3137

f: 704.334.9774

Email



Service Focus

- Litigation and Trials
- Workplace Safety and Catastrophe Management

Overview

Caroline Cheek is an associate in the firm's Charlotte office and defends employers on various labor and employment law matters, including discrimination, harassment, and retaliation claims, as well as workplace safety regulations under OSHA and state agencies.

Caroline graduated *magna cum laude* from the University of South Carolina School of Law and is a member of the Order of the Coif. While in law school, she served as Senior Articles Editor for *ABA Real Property, Trust and Estate Law Journal*.

Credentials

Education

- J.D., 2023, *magna cum laude*, University of South Carolina School of Law
- B.B.A., 2020, *magna cum laude*, University of Georgia

Bar Admissions

- North Carolina

Court Admissions

- U.S. District Court for the Western District of North Carolina

Insights

INSIGHTS

08/30/24

Workplace Law Update: 10 Essential Items on Your September To-Do List

Victoria Abercrombie, Steven M. Bernstein, Sheldon J. Blumling, Ted Boehm, Risa B. Boerner, Max Bungert, Colin P. Calvert, Kathleen McLeod Caminiti, Caroline Cheek, Jonathan Crook, Micah Dawson, Melissa A. Dials, Michael P. Elkon, Stephen R. Gee, Janet M. Himmel, Marty Heller, Michael R. Greco, Corina Johnson, Usama Kahf, Danielle M. Kays, Matthew R. Korn, Braden Lawes, Courtney Leyes, Emily N. Litzinger, Todd B. Logsdon, Todd A. Lyon, C. F. W. Manning II, Lindsay Massillon, Kelly Ahern, Alen A. Samuel, Shanon R. Stevenson, Terri R. Stewart, Shaun J. Voigt, Spencer W. Waldron, Sarah Wieselthier

[Read more →](#)

INSIGHTS

08/05/24

Comprehensive FAQs For Employers on Hurricanes and Other Workplace Disasters: 2024 Edition

Victoria Abercrombie, Steven M. Bernstein, Sheldon J. Blumling, Kathleen McLeod Caminiti, Caroline Cheek, Usama Kahf, Matthew R. Korn, Todd B. Logsdon, Todd A. Lyon, C. F. W. Manning II, Lindsay Massillon, Kelly Ahern, Alen A. Samuel, Shanon R. Stevenson, Terri R. Stewart, Spencer W. Waldron

[Read more →](#)

NEWS

07/01/24

Partners Quoted in HR Dive on Supreme Court Chevron Reversal Insight

Sheila M. Abron, Caroline Cheek, J. Randall Coffey, R. Bryan Holbrook, Ralph Hua, Matthew R. Korn, Erik M. Laiho

[Read more →](#)

NEWS

07/01/24

Partners Quoted in McKnight's Senior Living on Supreme Court's Chevron Reversal Insight

Sheila M. Abron, Caroline Cheek, J. Randall Coffey, R. Bryan Holbrook, Ralph Hua, Matthew R. Korn, Erik M. Laiho

[Read more →](#)

INSIGHTS

07/01/24

Workplace Law Update: 10 Essential Items on Your July To-Do List

Sheila M. Abron, Risa B. Boerner, Kathleen McLeod Caminiti, Caroline Cheek, J. Randall Coffey, Benjamin M. Ebbink, Michael P. Elkon, Lauren Frisch, Lonnie D. Giamela, R. Bryan Holbrook, Ralph Hua, Zinnia Khan, Sean Kingston, Matthew R. Korn, Erik M. Laiho, Lauren Laing, Eleanor F. Miller, Joshua D. Nadreau, Lisa Nagele-Piazza, Monica Snyder Perl, Katie Reynolds, Terri R. Stewart, J. Hagood Tighe

[Read more →](#)

INSIGHTS

06/28/24

Landmark SCOTUS Ruling Strips Power From Federal Agencies: How Today's Decision Will Impact Your Workplace

Sheila M. Abron, Caroline Cheek, J. Randall Coffey, Michael P. Elkon, R. Bryan Holbrook, Ralph Hua, Matthew R. Korn, Erik M. Laiho

[Read more →](#)

INSIGHTS

02/01/24

SCOTUS Predictions: Blockbuster Decision Will Dismantle Workplace Regulations

Sheila M. Abron, Caroline Cheek, J. Randall Coffey, Michael P. Elkon, R. Bryan Holbrook, Ralph Hua, Matthew R. Korn, Erik M. Laiho

[Read more →](#)