

Mitchell Anderson

Associate

Charlotte

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Service Focus

- Litigation and Trials
- Workplace Safety and Catastrophe Management

Overview

Mitchell Anderson is a member of Fisher Phillips' Workplace Safety Practice Group.

Mitch helps employers manage and defend OSHA inspections and enforcement actions encompassing a broad range of industries, including manufacturing, commercial construction, warehousing & third-party logistics, oil and gas, maritime operations, heavy equipment rental, agriculture, metals recycling, solar energy, food safety & sanitation, and private contractors on military bases.

An experienced litigator, Mitch has handled and assisted with state and federal OSHA litigation matters in Alaska, California, Hawaii, Oregon, Washington, Nevada, Arizona, Iowa, Missouri, Arkansas, Kentucky, Tennessee, Michigan, North Carolina, Georgia, Florida, Pennsylvania, and Massachusetts.

Mitch is also a member of the Workplace Safety Rapid Response Team and regularly travels to worksites across the country following fatalities, amputations, and other serious incidents. Mitch initiates and directs root-cause investigations, prepares on-site personnel for inspections, and acts as employers' "walkaround representative" during OSHA's physical inspections of worksites. Following on-site inspections, Mitch counsels and defends employers through the conclusion of OSHA's investigation and, if necessary, enforcement litigation. Collectively, these measures and others help improve workplace safety, prevent needless citations, and minimize the risk of related civil liability. To date, Mitch has attended and handled OSHA inspections in more than 25 states.

In addition to conventional workplace safety compliance counseling and enforcement defense, Mitch helps employers navigate and defend whistleblower claims arising under state and federal OSHA statutes and the Seaman's Protection Act.

Since 2025, Mitchell has been recognized in the *Best Lawyers in America* for Litigation - Labor & Employment, and Employment Law - Management.

Credentials

Education

- J.D., 2010, University of Dayton School of Law
- B.A., 2007, *cum laude*, University of Kentucky

Bar Admissions

- Arizona
- Ohio

Court Admissions

- U.S. District Court for the District of Arizona
- U.S. District Court for the Northern District of Ohio
- U.S. District Court for the Southern District of Ohio
- U.S. Court of Appeals for the Sixth Circuit

Recognitions

- Recognized in *The Best Lawyers in America* (2025-2026)
- Rated AV Preeminent® by *Martindale-Hubbell*
- *Super Lawyers* Rising Star (2018-2023)
- Rising Star of the Bar Honoree, Dayton Bar Association (May 2019)

Affiliations

Professional Activities

- State Bar of Arizona
- Ohio State Bar Association (2010-2020)
- Dayton Bar Association, Bar Exam & Qualifications (2019-2020)

Community Activities

- Colonel, The Honorable Order of Kentucky Colonels
- American Red Cross, Associate Board (2011-2013)

Insights

INSIGHTS

02/05/25

Government's Shredding of Key Documents Leads Judge to Dismiss North Carolina Safety Case – Possible Relief for Your Business?

Mitchell Anderson, David Klass, Curtis G. Moore, Travis Vance

[Read more →](#)

INSIGHTS

07/10/24

Heat of the Moment: What Employers Need to Know About Nevada OSHA's Latest Proposed Heat Safety Rule and 10 Steps You Can Take to Protect Your Workers

Mitchell Anderson

[Read more →](#)

PODCASTS

07/27/23

Mid-Year Update: Recent OSHA Initiatives and Updates

Curtis G. Moore, Mitchell Anderson

[Read more →](#)

NEWS

03/23/23

Fisher Phillips Continues Growth in Charlotte with Employment Litigator

Mitchell Anderson

[Read more →](#)