

Sheldon J. Blumling

Partner

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Service Focus

- Employee Benefits and Tax
- Government Relations
- California Class Actions and PAGA

Industry Focus

- Education
- Financial Services
- Higher Education
- Manufacturing
- PEO Advocacy and Protection
- Staffing

Overview

Sheldon Blumling is a partner in the Irvine office and chair of the firm's Employee Benefits Practice Group. He advises clients with respect to all aspects of employee benefits and executive compensation, including qualified and nonqualified retirement plans, health and other welfare benefit plans, cafeteria plans, severance plans and equity-based compensation plans.

He also advises employers on compliance issues involving the Health Insurance Portability and Accountability Act (HIPAA) and all types of federal and state employment taxes, and he has had extensive experience advising clients on the employee benefits and executive compensation aspects of mergers and acquisitions.

Sheldon joined the firm in its Atlanta office in 1998, and then rejoined the firm in its Irvine office in 2003 after practicing in the tax and employee benefits groups at a full-service, international law firm for four years.

While in law school, he served as Managing Editor of the *University of Miami Entertainment and Sports Law Review*. Sheldon has been listed in *Chambers USA, America's Leading Business Lawyers* from 2009-2015. He was also selected for inclusion in *The Legal 500* – Employee Benefits & Executive Compensation in 2015.

Credentials

Education

- J.D., 1998, cum laude, University of Miami School of Law
- B.S., 1995, summa cum laude, Arizona State University

Bar Admissions

- California

Recognitions

- Recommended as a leading practitioner for Employee Benefits, Executive Compensation, and Retirement Plans – Design law by *The Legal 500 United States* (2022-2023)

Insights

EVENT

Monday, March 3, 2025 – Thursday, March 6, 2025

FP PeopleLaw 2025

John M. Polson, Sheldon J. Blumling, Benjamin M. Ebbink, Rick Grimaldi, William D. Wright

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NEWS

01/21/25

Republished Insight: Employer FAQs for the California Wildfires: Your Role in Protecting Workers'

Sheldon J. Blumling, Benjamin M. Ebbink, Nicole Kamm, Aymara Ledezma, Jacklin Rad, Andrew J. Sommer, Megan C. Winter

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INSIGHTS

01/10/25

Employer FAQs for the California Wildfires: Your Role in Protecting Workers' Health, Safety, and Workplace Rights

Sheldon J. Blumling, Benjamin M. Ebbink, Nicole Kamm, Aymara Ledezma, Jacklin Rad, Andrew J. Sommer, Megan C. Winter

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EVENT

12/12/24

Fisher Phillips 2025 California Legislative & Case Law Update: San Diego

Aaron Olsen, Lauren Bushman, Sheldon J. Blumling, Jang Hyuk Im, Audrey Surridge, Ben Carney

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12/10/24

Fisher Phillips 2025 California Legislative & Case Law Update: Irvine

Jeffrey R. Thurrell, Lauren Roseman, Colin P. Calvert, Caroline S. Scala, Sheldon J. Blumling, Jang Hyuk Im

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EVENT

12/09/24

Fisher Phillips 2025 California Legislative & Case Law Update: Los Angeles

Sheldon J. Blumling, Christopher A. Gelpi, Andrew J. Hoag, Carol Ibrahim, Jang Hyuk Im, Aymara Ledezma

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INSIGHTS

08/30/24

Workplace Law Update: 10 Essential Items on Your September To-Do List

Victoria Abercrombie, Steven M. Bernstein, Sheldon J. Blumling, Ted Boehm, Risa B. Boerner, Max Bungert, Colin P. Calvert, Kathleen McLeod Caminiti, Caroline Cheek, Jonathan Crook, Micah Dawson, Melissa A. Dials, Michael P. Elkon, Stephen R. Gee, Janet M. Himmel, Marty Heller, Michael R. Greco, Corina Johnson, Usama Kahf, Danielle M. Kays, Matthew R. Korn, Braden Lawes, Courtney Leyes, Emily N. Litzinger, Todd B. Logsdon, Todd A. Lyon, C. F. W. Manning II, Lindsay Massillon, Kelly Ahern, Alen A. Samuel, Shanon R. Stevenson, Terri R. Stewart, Shaun J. Voigt, Spencer W. Waldron, Sarah Wieselthier

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INSIGHTS

08/05/24

Comprehensive FAQs For Employers on Hurricanes and Other Workplace Disasters: 2024 Edition

Victoria Abercrombie, Steven M. Bernstein, Sheldon J. Blumling, Kathleen McLeod Caminiti, Caroline Cheek, Usama Kahf, Matthew R. Korn, Todd B. Logsdon, Todd A. Lyon, C. F. W. Manning II, Lindsay Massillon, Kelly Ahern, Alen A. Samuel, Shanon R. Stevenson, Terri R. Stewart, Spencer W. Waldron

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INSIGHTS

08/02/24

Workplace Law Update: 10 Essential Items on Your August To-Do List

Edwin G. Foulke Jr., Robin Repass, Lauren Laing, Richard R. Meneghello, Lisa Nagele-Piazza, Benjamin M. Ebbink, Braden Lawes, Rick Grimaldi, Jonathan Crook, Michael P. Elkon, Risa B. Boerner, Lauren Frisch, Sean Kingston, Andrew J. Sommer, Abby H. Putzulu, Sophia Botti, David J. Walton, Steven M. Bernstein, Sheldon J. Blumling, Todd A. Lyon, Joshua D. Nadreau, John M. Polson, Brian J. Coughlin, Madison Keller, Monica Snyder Perl, Melissa Camire, Sarah Wieselthier, Sheila M. Abron, Megan C. Winter, Darcey M. Groden, Usama Kahf

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NLRB Abandons Controversial Joint Employer Rule – But Employers Aren’t Necessarily Out of the Woods

Steven M. Bernstein, Sheldon J. Blumling, Benjamin M. Ebbink, Todd A. Lyon, Joshua D. Nadreau, John M. Polson

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