

Kate Mize

Associate

New Jersey/Atlanta

t: 404.240.4145

f: 404.240.4249

Email



Service Focus

- Employee Defection and Trade Secrets
- Litigation and Trials
- Reductions in Force (RIFs)

Overview

Kate Mize is an associate in the firm's New Jersey and Atlanta offices. She assists clients with a range of labor and employment issues, including workplace safety, retaliation, discrimination, harassment, and trade secret protection.

Kate graduated *summa cum laude* from Georgia State University College of Law, where she was inducted into the Order of the Coif. While in law school, Kate served as Lead Articles Editor of the *Georgia State University Law Review*. She also participated on the Georgia State University Moot Court team. Kate earned CALI awards for excellence in both first year writing courses, working as the class's teaching assistant in her second and third years.

Credentials

Education

- J.D., 2022, *summa cum laude*, Georgia State University College of Law
- B.A., 2018, magna cum laude, University of Georgia

Bar Admissions

Georgia

Insights

INSIGHTS

Severance Highlights Toxic Workplace Themes That Aren't Just Sci-Fi: 5 Spoiler-Free Lessons for Employers

Olivia J. Italiano, R. Shane Kagan, Kate Mize

Read more \rightarrow

INSIGHTS

"Wicked" Didn't Win Best Picture – But Employers Can Turn Its Lessons Into Best Practices

Olivia J. Italiano, R. Shane Kagan, Kate Mize

Read more \rightarrow

PUBLICATION

Atlanta Attorneys Provide Best Practices for Approving Employee Leaves

David Lerner, Kate Mize

Read more \rightarrow

INSIGHTS

Workplace Law Update: 10 Essential Items on Your New Year To-Do List

Raeann Burgo, Melissa Camire, Benjamin M. Ebbink, Lonnie D. Giamela, Jang Hyuk Im, Anthony Isola, Corina Johnson, Joshua Klein, Sean Kingston, Alexandra LaCombe, David Lerner, Courtney Leyes, Emily N. Litzinger, Richard R. Meneghello, Kate Mize, Samantha J. Monsees, Joshua D. Nadreau, Monica Snyder Perl, Lisa Nagele-Piazza, John M. Polson, Ashton M. Riley, Katie Reynolds, Jennifer B. Sandberg, Andrew J. Sommer, Spencer W. Waldron, Sarah Wieselthier

Read more \rightarrow

INSIGHTS

12/21/23

11/03/22

When Employees Request Leave David Lerner, Kate Mize

Court Decision Raises FMLA Retaliation Standard: 3 Ways You Can Avoid Violations

Read more \rightarrow

INSIGHTS

Should the Severe Start to Flu Season Lead Your Workplace to Require Flu Shots? 2 Main Considerations for Employers

Alexa Greenbaum, Kate Mize, A. Kevin Troutman

Read more \rightarrow

03/04/25

01/02/24

03/22/24