



Should Employees Be Entitled to Social Media Breaks?

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Is it possible for employers to balance their employees' desire to stay connected via social media with their own desire to run an efficient and profitable workplace? In an article for *Kentucky SHRM*, **Megan U'Sellis** explains that "designated social media breaks" are one way for employers to try to strike that balance. She describes how social media breaks can help employers address their employees' desires and need for cell phone use in the workplace without creating further work distractions that would lead to decreased productivity.

To read the article, visit [KYSHRM](#).

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