

## Are Social Media Breaks the New Smoke Breaks?

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Some people simply cannot stand to be away from their cellphones. And, now that most phones come with built-in usage meters, people are finding out that looking at a cellphone is taking up a significant amount of time. Whether or not allowing employees access to cellphones in the restaurant world would benefit employers is questionable. In a contributed article for *Fast Casual*, Ed Harold shares advice for restaurant employers who are weighing possible "no cell phone" rules against work breaks specifically for phone and social media. Harold highlights the safety concerns in kitchens and customer-centric areas.

To read the full article, visit *Fast Casual*.

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