

How Employers Should Handle Employee Burnout

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Employee burnout is now an officially diagnosable condition. According to the World Health Organization (WHO), which recently updated its definition, employee burnout is not a medical condition; instead, the WHO calls burnout an "occupational phenomenon." In a contributed article for Construction Executive, Chantell Foley and Todd Logsdon discuss what employee burnout means for contractors, including whether they are liable for workplace burnout, or if there are any additional safety implications. In their conclusion, the authors state, "Creating awareness campaigns and training initiatives to recognize symptoms of employee burnout and the safety hazards caused by fatigue or lack of concentration may save employees from injuries and illnesses down the road."

To read the full article, visit *Construction Executive*.

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