

Fisher Phillips Provides Mental Health Resources to Mining Industry

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May marked Mental Health Awareness Month and Fisher Phillips took the opportunity to provide resources to employers in the mining industry. Employee mental health conditions in all industries have been found to adversely affect both safety and productivity in the workplace, and the mining industry is not immune.

While research on the effects of mental illness in the American mining industry is scant, research from other countries demonstrates that mining employees follow this same trend in needing your support. With that in mind, mine operators can take steps to promote mental wellbeing in your workplaces.

For information on where to start, please make sure of the following resources:

- Podcast: Mental Health as a Mine Safety Issue: Promoting Mental Wellbeing in the Workplace
- Insight: <u>FP Flash Survey Reveals: Majority of Employers Grappling with Workers' Mental Health</u> <u>Issues</u>
- Insight: <u>10 Steps to Mental Health Wellness for Your Employees</u>
- Infographic: <u>click here for infographic</u>

Make sure you are subscribed to <u>Fisher Phillips' Insight system</u> to get the most up-to-date information. If you have questions regarding mental health in the mining industry or want tips on implementing programming in your workplace, please contact Raeann Burgo, Christopher Peterson, or Arthur Wolfson, or your Fisher Phillips attorney, or any attorney on our <u>Mine Safety and</u> <u>Health Practice Group</u>.

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Service Focus

Mine Safety & Health

Mental Health in the Workplace