



New Jersey Breakfast Briefing: It's Okay Not to be Okay – How to Support and Protect Employee Mental Health in a time of Post-Traumatic Growth

Event

6.07.22

9:00 AM — 10:00 AM EDT

The continuing outbreak of Covid-strains has wreaked havoc on employers' plans to begin welcoming more employees back to the workplace. Last summer, before the new omicron variant stuck, a McKinsey survey found that 44% of employees believed that returning to the office would have a negative impact on their mental health. More than one-third of those who had returned to the office reported it worsened their mental health. When employees are struggling with issues like stress, anxiety and depression, office morale drops, productivity decreases, and companies quickly begin to suffer financially.

Fisher Phillips attorneys David Lichtenberg and Colleen Tandy will discuss the benefits of investing in employee mental health, the safety risks mental health issues can pose to the work environment, and potential solutions.

The firm is submitting this webinar for HRCI/SHRM credit. NJ CLE credit is also pending for this webinar.

If you have any questions, please contact [Jennifer Cameron](#).

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