



# Nashville Attorney Offers Insight on How Healthcare Employers Can Mitigate COVID-Related Burnout

News

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In a bylined article published in *Medical Journal-Houston*, **Ariel Kelly** offers insight into how healthcare employers could mitigate the risk of burnout. Ariel says employers should start by talking and listening to staff to identify risk factors. Open lines of communication are also key, and staff need to know that the administration is taking feedback seriously. Ariel also recommends that employers rely on existing employee assistance programs and other resources, and that administrations regularly evaluate workloads to avoid burnout.

To read the article visit [Medical Journal-Houston](#).

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