Fisher Phillips Attorneys Explain Digital Addictions in the Workplace

Publication

5.30.19

In their bylined article for *Workforce* titled "We're Addicted to … Everything? How to Handle Digital Addictions in the Workplace," Miranda Watkins and Sara Zimmerman explore how employers can manage digital addictions in the workplace. A digital addiction is a complete disruption to and dysregulation of the daily life of an individual through the use of electronic devices.

Miranda and Sara explain that employers should accommodate an individual with a digital addiction the same way they would accommodate any other individual. They explain, "An employer must take a digital addiction seriously, even if it does not understand the addiction or personally believe the addiction is legitimate." Miranda and Sara cover several practices employers can use concerning digital addictions, including updating handbooks and adequately training managers and supervisors.

To read the full article, please visit *Workforce*.