



# What Employers Should Know About Privacy and Workplace Health Programs

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In just the past couple of decades, we've gone from desktop computers and mobile phones to laptops and smartphones. While technology has certainly changed the way we live, it has also changed the way we work. We need to ask ourselves: What does it mean for employee privacy when technology is advancing at such an astronomical rate? Fisher Phillips attorney Lariza Hebert digs into this question in a bylined article for *Recruiter*, where she looks into workplace health and wellness programs that include fitness trackers. In her article, she states, "Employers that have implemented or are interested in implementing health and wellness programs that include fitness trackers should remain committed to protecting employees' personal information and should refrain from inappropriately using employee data obtained by fitness trackers."

To read the full article, visit [Recruiter](#).

## ***Service Focus***

Privacy and Cyber