

Insights, News & Events

RICK GRIMALDI TALKS TO FORTUNE MAGAZINE ABOUT WORKPLACE BURNOUT

News

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In an interview with Fortune Magazine, **Rick Grimaldi** weighs-in on diagnosing employee burnout. Rick, author of *FLEX: A Leader's Guide to Staying Nimble and Mastering Transformative Change in the American Workplace*, explains that "brain fog" is a tell-tale sign. "Feeling muddled: that's the number one trigger for me. It's when I'm not paying attention when I'm driving or I'm losing my keys."

To read the article visit [Fortune Magazine](#) (subscription required).

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Rick Grimaldi

Partner

610.230.2136

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Philadelphia