

Irvine Attorney Breaks Down California's Supreme Court Ruling on Meal and Rest Break Compensation

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In an interview with SHRM, **Ashton Riley** shares his insights on how employers should respond to the state's Supreme Court ruling that employers must pay workers a premium equal to an hour of pay every time they miss a compliant meal or rest break. He recommends that employers periodically monitor their policies to ensure that employees are given adequate breaks. Ashton also notes, "employers should be well aware of the need for an employee handbook that includes compliant meal-, rest- and recovery-period policies. If a handbook hasn't been updated in years, I would put that on the immediate 'to do' list."

To read the article visit **SHRM** (subscription required).

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