



## Changing the Definition of Success as a Lawyer Mom

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In a bylined article published in *Above the Law*, partner **Emily Litzinger** takes a compassionate look at work-life balance for mothers. She explains how working moms are often given little support in balancing a demanding career with even more demanding work at home. Aggravating the situation is the guilt that often accompanies attempts at self-care, Emily says. One solution? Recalibrating our notions of success. “We must switch out the lens to one that views finding and continuing to work toward that delicate balance that fits your life — not the expectations of others. Flexibility should be normalized. Parents should be supported. Women deserve equality in the workplace. The unspoken ‘expectations’ of our grandfathers should be forgotten. It’s time.”

To read the article visit [\*Above the Law\*](#).

### ***Related People***



**Emily N. Litzinger**

Partner

502.561.3978

Email

### ***Related Offices***

Louisville

