

Are Sleepless and Fatigued Professionals Going to Cost You?

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Howard Mavity's [Workplace Safety and Health Law Blog](#) post "Are Sleepless and Fatigued Professionals Going to Cost You?" was picked up by *TLNT* on May 22, 2015.

Big law firms, accounting houses, and especially hospitals, have long prided themselves on requiring young professionals to work extraordinary hours, and perversely, young professionals wear their sleep deprivation as a badge of honor.

Their seniors reason that they put in such absurd hours, so why should the youngsters be any different. Why indeed?

Perhaps because fatigued professionals may make mistakes? Or because they burn out early and the employer's investment in them is lost?

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