

# Phoenix Business Journal: Tips For Keeping Your Employees Safe And Cool During The Summer

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Shayna Balch was a guest blogger for the *Phoenix Business Journal* on May 27, 2014.

In 2013, the Phoenix area experienced the hottest summer on record since 1895. As we launch the official summer season this week, keeping employees safe and cool during the next four months should be of paramount importance for all business owners and employers, Shayna wrote.

The Arizona heat is infamous for sneaking up on even the most prepared worker, which is why employees need to have a solid understanding of the dangers of working outside and how to recognize the signs of heat-related illness, she wrote. Working in environments that expose employees to high temperatures and humidity, direct sun exposure, indoor radiant heat sources, limited air movement and require physical exertion, often pose the greatest risks for heat exhaustion, heat stroke and other high heat related injuries.

[Read the full article here.](#)

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