



Phoenix Business Journal: How To Understand And Prevent Workplace Bullying

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Shayna Balch was a guest blogger for the *Phoenix Business Journal*.

From the board room to the locker room, recent headlines make it clear that some employees are treating their coworkers very badly, Shayna wrote.

Much like the bullies that haunt our childhood memories, adults can still be tyrannical in the workplace and make life miserable for coworkers and management staff. If workplace bullying is ignored, employers may not only lose cherished employees, they may also find themselves as the target of potential claims ranging from harassment and negligent supervision to infliction of emotional distress, she explained.

Here are several tactics for dealing with bullying issues before they wreak havoc on your business.

[Read Shayna's tips.](#)

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