



Phoenix Business Journal: Three Tips For Avoiding Pregnancy Discrimination In The Workplace

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Shayna Balch was a guest blogger for the *Phoenix Business Journal*.

Human resource professionals are often overwhelmed with keeping track of PTO time, sick leave and managing employee retention.

While it may be easy to decipher what you may or may not need in the way of talent, it may be very difficult to have a clear understanding of how to deal with pregnant employees or employees requesting time off to take care of a new baby, Shayna wrote.

There are a number of rules and regulations dictated by the Americans with Disabilities Act, the Family Medical and Leave Act, and the Fair Labor Standards Act that employers need to be fully aware of. In order to prevent costly litigation and complaints from the EEOC, Shayna offered several tips employers should consider.

[Read Shayna's tips.](#)

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