

## Wellness Programs Come With Risks

News

7.14.14

Kathie Caminiti was quoted in the July 14, 2014 article "Wellness programs come with risks" featured on *New Jersey 101.5*.

She said employers now have the opportunity to use premium dollars toward creating these health-contingent programs.

Workers would be rewarded, for example, with a waiver of deductibles for achieving a specified cholesterol level or weight. Lower premiums could be the gift for employees who decrease their use of tobacco, or don't smoke at all.

"Employers who are interested in establishing these programs need to make sure that they're established pursuant to a specific plan and that there are reasonable alternatives offered," Kathie explained.

[Click here to read the full article.](#)

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