

Holiday Parties At Work: Don't Be That Person

News 12.10.13

About 66 percent of organizations plan to have a 2013 end-of-the-year or holiday party, according to the Society for Human Resource Management.

"Schedule the party on a week night, when employees will be less tempted to overindulge," Douglass suggested.

It may also be a good idea to arrange for designated drivers or offer cab reimbursement for alcoholimpaired employees.

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