In the interest of employee health, employers increasingly issue fitness-tracking devices to their employees. In 2018, 21 percent of those employers collected data from their employees’ wearable devices, up from 14 percent in 2017. Organizations concerned with employee privacy believe employers will utilize the information retrieved from fitness trackers inappropriately.

While the employer-provided fitness tracker trend is growing at a significant rate, there are some legal risks involved in outfitting a workforce with these devices. In an article for Law360, Houston attorney Lariza Hebert explains best practices employers can implement to mitigate the risk.

To read the full article, visit Law360 (subscription required).